



The Wolfe Clinic News

Lupus

An Introduction

Lupus is a chronic, usually life-long and potentially fatal inflammatory disease that can affect virtually any system in the body. Think of it as a 'self-allergy' where the body attacks its own cells and tissues, causing inflammation, pain and possible organ damage. The most common areas affected are the joints, skin, kidney, blood, brain, heart and gastrointestinal tract. Lupus can cause serious and even life-threatening problems but for most people it's a mild disease affecting only a few organs. There are an estimated 2 million Americans with lupus, most of them women.

Women are nine times more likely than men to develop lupus. Dr. John Lee, a leading authority on female hormones, suggests that women more frequently experience autoimmune disorders such as lupus because of the estrogen dominance factor. This is a result of a lower production of progesterone, which creates a huge imbalance. Numbers of studies suggest that hormone replacement therapy is potentially the culprit in the development of lupus. The majority of women with lupus were at one time taking HRT.

Dark Field Microscopy shows that Lupus patients exhibit 'sticky blood' syndrome. This simply means that the erythrocytes are significantly clumped and are most often accompanied by Thrombocytes or excessively

large platelets. These observations suggest inflammation in the body, although many patients do not feel any outward indications. Dr. Barry Sears' work showed that high doses of pharmaceutical grade fish oils reduced inflammation and produced other outstanding positive results in animal studies. They have accordingly lent that same success to humans.

Autoimmune Disease

As in any autoimmune disease, there is poor cellular communication between normal cells and immune cells. The over-stimulated immune system attacks the normal cells. Instead of fighting & attacking bad tissues, such as viruses, it turns on itself & attacks the good tissues. The presence of Mycoplasma

and viral infections further confuse cell communication.



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"FEAR IS THE GREATEST DISEASE"

One theory explored by Robert Harrison suggests that the lack of the presence of long chain carbohydrates that reside on the surface of cells leaves the cells vulnerable to attack. The process to do this is “enzyme intensive” and the individual who is unable to produce adequate amounts of enzymes sets up the environment for autoimmune disease.

Acta Anatomica, a European Journal, recognizes that long chain carbohydrate molecules have a coding capacity far above and beyond that of amino acids, therefore validating their importance in cell communication. Dr. Weyland, another scientist in a separate study found that the immune system cells of patients with autoimmune dysfunction were similar to people twice their age. The immune system has both Th-1 or T helper-1 cells that fight pathogens such as viruses, Mycoplasma and bacteria inside the cells. Th-2 or T helper-2 cells fight pathogens outside the cells. Once out of balance and the Th-2 is over-activated, serious problems develop.

Stress may cause Th-2 cell over activation, because stress produces cortisol which stimulates the production of Interleukin 6 and other Th-2 cells. Autoimmune diseases often manifest after a death, divorce or an accident.

General Symptoms of Autoimmune Disease

- Fatigue
- Sleep disturbances
- Short term memory loss
- Emotional liability as a result of not feeling well

- Depression
- Hypothyroid, cold hands and feet
- Gastrointestinal problems
- Swollen glands, chemical sensitivity
- Headaches Fibromyalgia, pain
- Low blood sugar
- Candida
- Ringing ears
- Metallic taste in mouth
- Anxiety, fluttering heart, panic attacks

Exposure to toxins causes Th-2 cell over activation and contributes to leaky gut syndrome, candida, fungal or bacterial problems and other such manifestations. All the more reason to take top of the line soil based organisms that keep good and bad bacteria levels under control.

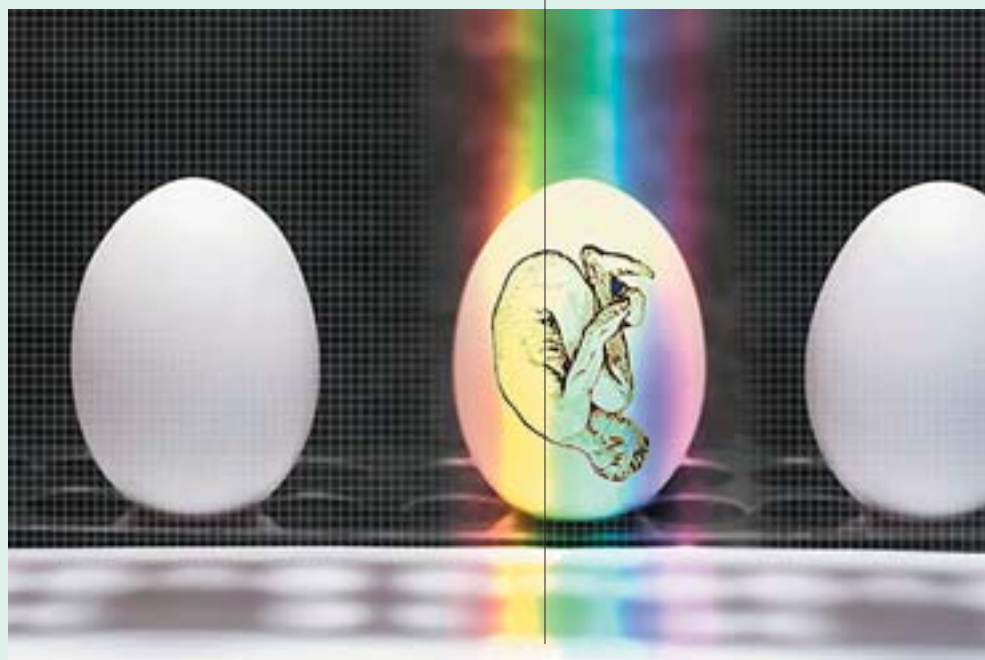
Once large colonies of bio-organisms begin taking up residency in our system their ecosystem easily thrives and propagates producing their own biotoxins. Using antibiotics may help on one hand by inhibiting reproduction, but does not actually kill the pathogens.

Importance of Enzymes

Liver enzyme deficiency and digestive and metabolic enzyme deficiency set the stage

for autoimmune dysfunction. Autoimmune dysfunction is also connected to Hyper-coagulation, which is the laying down of fibrin in the blood. This coats the walls inhibiting oxygen and nutrients from being absorbed. This fibrin feeds the life form of pathogens within the oxygen-starved environment, which allows for the buildup of toxins and lactic acid. The good news is that this fibrin can be addressed using systemic enzymes.

Taking digestive or systemic enzymes on an empty stomach allows them to permeate the blood stream where they break down partially digested food, kill pathogens and clean up the blood, including Mycoplasma or other biotoxin-creating pathogens. Enzymes that include protease and lipase clean the walls of the vascular system, including fibrin. They also unclump red blood cells and increase oxygen resulting in nutrient delivery to the cells.



SLE, Systemic Lupus Erythematosus

It is common for Lupus to exist within an individual without them even being aware. Symptoms over years are simply disregarded as part and parcel of aging. Many times SLE is misdiagnosed as arthritis because of the manifestation of pain and swelling of joints. A fever may accompany these symptoms along with the characteristic red rash that adorns lupus patients. This red rash has a butterfly appearance and often rests over the cheeks and nose giving the individual a wolf-like appearance. Symptoms include:

- Inflammation and swelling of joints
- Red scaling lesions on body
- Fever
- Mouth sores
- Lung and kidney involvement
- Nephritis
- Brain, lung, spleen heart are affected
- Anemia
- Excessive bleeding
- Low immunity seizures
- Severe depression, amnesia, psychosis

DLE, Discoid Lupus Erythematosus

DLE is a less serious disease as it primarily affects the skin. This is often connected to tubercle bacillus, a bacteria of the tuberculosis family. Lesions are common on the ears and scalp and tend to be slow to respond to conventional treatments. Their bump like appearance leaves a scar when it clears the body; just a friendly reminder of its presence.

More Serious Lupus Symptoms

Lupus has the potential to involve all the organs of the body. It can affect the heart and lungs creating uncomfortable chest pain, shortness of breath and contribute to respiratory infections involving both the pleura and pericardium. Treating these conditions medically involves the use of steroids, which can be risky. **There are always other choices.**

Many cardiovascular implications that accompany Lupus patients carry coronary disease, and heart attack as remnants of the condition. Persistent elevated cholesterol, abnormal clotting profiles and lipids often present as well.

Brain involvement is observed with Lupus including mild depression, seizures, Memory loss and headaches. High fevers, movement disorders, psychiatric disturbances are thought to be a result of sticky blood. Lupus patients typically have a low white cell count. In addition, they may have anemia and low platelet counts.

Solutions

Being diagnosed with Lupus is a wake up call. It is a representation of an immune system gone array and clearly a sign to pay attention. The following recommendations diligently followed will get you back on the road to good health. As with any condition, having a clear plan of action is the first and most important goal along with guidance from a qualified alternative health care practitioner.

1. Diet of fresh and raw vegetables
2. Quality therapeutic Protein Powder
3. System Enzymes
4. Digestive Enzymes
5. Omega-3 Fish Oils



6. Soil Based Organisms
7. Green Drink
8. Thymus and spleen glandular
9. Liver, Thyroid and Adrenal support
10. Enhanced and purified drinking water



References

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Lee, John R., M.D., What Your Doctor May Not Tell You About Menopause, 1996, page 228.

Privitera, Dr. James R., M.D., Silent Clots, Life's Biggest Killers, 1996.

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<http://www.gethealthyagain.com/autoimmune.html>

products that help

Complex 12 Tonic



Powerful concentrate developed for the more serious cases in need of a boost for the immune system.

Complex 12



Our products are specially selected to help cancer patients, individuals undergoing radiation and/or chemotherapy.

Fish Oil



Provides OMEGA 3 protection for and maintenance of the healthy function, fluidity and health of the cell membranes.

Super Silver



Silver, is a systematic disinfectant and works like a secondary immune system.

ProArgi-9



Pro Argi-9 enhances and supports muscle mass, helps boost energy and is rejuvenative.

Neutralizer



Body oxygenator and energizer, detoxifies and cleanses wastes, pathogens in the gastro-intestinal tract

Royal Flora



Helping your body restore intestinal balance.

Vitalzym X



With a potent blend of systemic enzymes that includes the powerful anti-inflammatory qualities,.

Super Strength Oil of Oregano



Reversing pain and inflammation

Life Management Cream



A holistic effective, natural progesterone cream.

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